

APRIL 2017

ACS High School Lunch Grade 9-12 \$2.25

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

April is named for the Greek goddess of love, Aphrodite. The name for the month of April originally came for Aprilis which means to open. The name Aprilis is very appropriate because in so many places the trees and flowers begin to bloom and go on to flower during the month of April.

Crispy Chicken Patty
on Wheat Bun

3

Shredded Lettuce
& Sliced Tomato
Baked Spiral Fries
Rosy Pears
100% Fruit Juice
Fresh Fruit Bowl

Taco Tuesday
w/ Meat & Cheese

4

Shredded Lettuce
& Diced Tomato
Refried Beans
Spanish Rice
100% Fruit Juice
Fresh Fruit Bowl

Pic-a-Pizza
1. Stuffed Crust
2. Mexican
3. Buffalo Chicken

5

Tossed Green Salad
w/ ChiChi Beans & Dressing
100% Fruit Juice
Fresh Fruit Bowl

Oven Baked Pork Chop
w/ Warm Dinner Roll

6

Mashed Potato & Gravy
Glazed Carrot Coins
Cinnamon Apples
100% Fruit Juice
Fresh Fruit Bowl

Crunchy Cheese Sticks
w/ Marinara Sauce

7

Veggie Assortment
Fruit & Juice Variety
100% Fruit Juice
Fresh Fruit Bowl

Spring Break

10

No School

Spring Break

11

No School

Spring Break

12

No School

Spring Break

13

No School

Spring Break

14

No School

Spring Break

17

No School

Big Daddy
Pepperoni Pizza

18

Seasoned Green Beans
Cinnamon Applesauce
100% Fruit Juice
Fresh Fruit Bowl

Buffalo Style
Chicken Finger Sub

19

Shredded Lettuce
& Sliced Tomato
Sauteed Spinach
100% Fruit Juice
Fresh Fruit Bowl

Baked Spirals
in Homemade Sauce
w/ Cheesesticks

20

Tossed Green Salad
w/ ChiChi Beans & Dressing
Pineapple Tidbits
100% Fruit Juice
Fresh Fruit Bowl

Warm Ham & Cheese
on Pretzel Bun
w/ SunChips

21

Homemade Chili w/ Beans
100% Fruit Juice
Fresh Fruit Bowl

Chicken Nuggets
w/ Dippin' Sauce
& Macaroni & Cheese

24

Steamed Broccoli Cuts
Rosy Pears
100% Fruit Juice
Fresh Fruit Bowl

Personal Pan
Pepperoni Pizza

25

Tossed Green Salad
w/ ChiChi Beans & Dressing
Mixed Fruit Cocktail
100% Fruit Juice
Fresh Fruit Bowl

Breakfast at Lunch

26

French Toast Sticks
w/ Warm Syrup & Sausage

Hash Brown
Orange Smiles
100% Fruit Juice
Fresh Fruit Bowl

Cheeseburger Sub

27

Shredded Lettuce
& Sliced Tomato
Glazed Carrot Coins
100% Fruit Juice
Fresh Fruit Bowl

Popcorn Chicken
w/ Dippin' Sauce
& Cinnamon Bun

28

Golden Corn Kernels
Diced Peaches
100% Fruit Juice
Fresh Fruit Bowl

A La Carte

Offered Daily: Cheese Pizza,
Peanut Butter & Jelly, Salad Plate,
Yogurt Plate, Fresh Fruit in Season.

*Milk is available with all
full lunch purchases.

Milk\$0.60
Lg. Cookies.....\$1.00
Ice Cream.....\$0.75
Chips.....\$0.75

*Unless otherwise noted, all
sandwiches are served on whole
wheat bread (when available).

The 2010 Dietary
Guidelines For
Americans recommend
that at least half of
your grains are whole.
For most people, that
translates into at least
48 grams daily.

**USDA is an equal
opportunity employer.**

**After School Snacks
are available every
Monday thru Thursday
in the High School
Cafeteria
2:30pm-3:30pm**

**Salad Bar available
every Tuesday, Wed,
Thursday**